

Lowe's Wong Anglican Methodist
Junior School

SEND Newsletter

Dear Parent/Carer

Here is this term's SEND Newsletter with information and contact details that all parents – not just parents of pupils with SEND - might find useful.

We also display information on the SEND Noticeboard opposite the pedestrian entrance.

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SENCO
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LWJ SEND Drop-In Morning

The provisional Spring term date is Friday 23rd January.

Nearer the time, the office will send out a reminder. After that, you can call the office to book a 20 min slot to pop in for a chat about any worries or concerns you might have about your child.

The Healthy Family Team

(Health Visitor & School Nurse)

FREE health advice and support for families with children aged 0-19 years living in Nottinghamshire.

ADVICE LINE: Please telephone 0300 123 5436

Parentline

Text: 07520 619919

A free confidential text messaging service for families with children aged 0-19 years living in Nottinghamshire.

A free health website for children and families living in Nottinghamshire.
www.healthforkids.co.uk



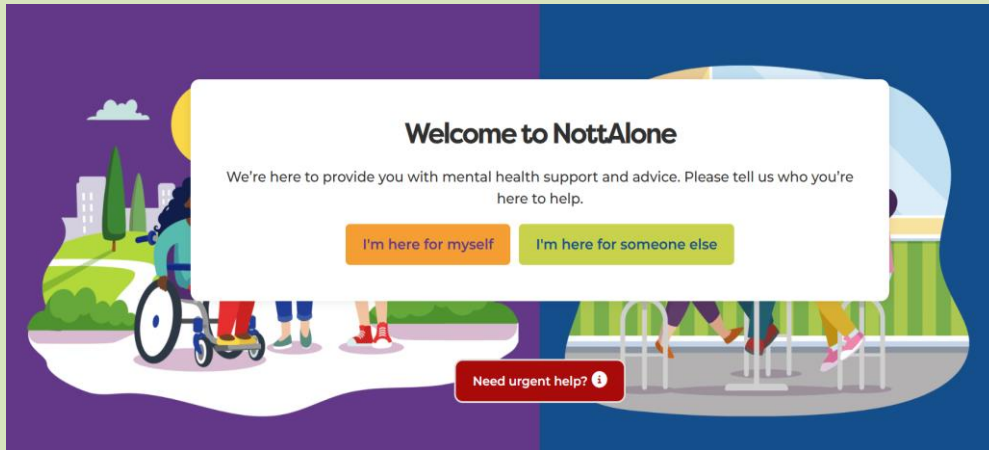
Health For Kids



The Healthy Family Team are there to help you with free health advice and support.

NottAlone

NottAlone is a website providing information and mental health support for people of all ages in Nottingham and Nottinghamshire. They act as a touch point to direct you towards the right places for support with your situation.



The founders also have a podcast and each episode focuses on a different aspect of mental health.



Speech & Language Advice Line


Nottinghamshire Healthcare
NHS Foundation Trust

**NEW OPENING HOURS
FROM AUGUST 2025**

(For parents and carers of children aged 0-19
and for young people aged 16-19,
who would also like to call us for advice.)

Do you have any questions or concerns about
your child's talking or communication?

We are happy to help,
please call the advice line on:

CALL NOW

0300 123 3387 OPTION 1

NOTTINGHAM CITY AND NOTTINGHAMSHIRE ONLY

Tuesday 9am to 12.30pm

Thursday 9am to 12.30pm

Opening hours may change, please contact your school, health
visitor or look on our website for more information.

www.nottinghamshirehealthcare.nhs.uk/specialist-childrens-speech-and-language-therapy



This is a service for parents and carers who have concerns or questions about their child's communication skills or speech.

Autism East Midlands

Autism East Midlands run Parent Workshops as part of their Family Support Service and Parent Programme.

- Wednesday 22 October - Autism and Schools
- Wednesday 19 November - Autism and Claiming Disability Living Allowance
- Wednesday 10th December - Introduction to Autism
- Wednesday 21st January - Autism and Girls
- Wednesday 25th February - Autism and Sleep (No daytime session)
- Wednesday 18th March - Autism and Promoting Positive Behaviour
- Wednesday 22nd April - Autism and Sensory Differences
- Wednesday 20th May - Autism and Schools
- Wednesday 24th June - Autism and Claiming Disability Living Allowance

These free 90 minute workshops take place on Zoom and are offered twice on the day – once at 10am and then again at 7pm.

More details, including how to book a place, are on their website.

Mental Health Support Team (MHST)

Children's Emotional Health & Wellbeing Webinar for Parents and Carers (Primary age)

This one and a half hour webinar aims to provide parents with a understanding of common mental health difficulties in young people. We will explore mental health difficulties such as anxiety and how this might present in primary aged young people. We will also explore how you can support a young person's mental health and how to refer to the MHST.

Children's Emotional Health & Wellbeing Webinar

Tuesday 17th March 2026
at 10:30-12

Parents can join via Web using this link:
<https://www.microsoft.com/en-gb/microsoft-teams/join-a-meeting>
by inputting the Meeting ID and Passcodes from the poster, or by scanning the QR code below. Please note, parents won't be able to join until the day.



Meeting ID: 362 625 135 315
Passcode: o2v1356

This event for parents of primary age children isn't until March 2026 but you can refer directly to the Mental Health Support Team (MHST) using the QR code here:

The Mental Health Support Team can help with mood, sleep, stress and more.

Find out more at our website



Contact

Self-refer via the online form



Office Tel: 0115 8760167

Email: CAMHSMHSTTrailblazer1@nottshc.nhs.uk