

Lowe's Wong Anglican Methodist
Junior School

SEND Newsletter

Dear Parent/Carer

Here at school, we regularly receive information about events and organisations that offer help to parents/carers.

We aim to post details on the Noticeboard opposite the pedestrian entrance to school but now also issue this termly Newsletter too.

We are sending this to all parents, not just those with children on the SEND register, as these events and services are open to everyone.

Lisa Richmond
SENCO
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01636 813432

LWJ SEND Drop-In Morning

The Autumn term date is Wednesday 1st October.

Nearer the time, the office will send out a reminder. After that, you can call the office to book a 20 min slot to pop in for a chat about any worries or concerns you might have about your child.

Pudsey's Pause

This is a new tool from the BBC's Children in Need, which offers tools to support your child's mental health at home:

<https://www.bbcchildreninneed.co.uk/pudseys-pause/>

BeUNotts

This a free, convenient and accessible source of mental health support for children, young people and their parents. We are hearing really good things from parents and pupils who have accessed this support. You can contact them here:

<https://www.beusupport.co.uk/?scriybrkr=585a92df>

0115 708 0008 Free Mental Health Service for Children and Young People

BeU Notts
SUPPORT WHEN YOU NEED IT

Are You OK? Get Free Mental Health Support For Adults Contact About Us

Hide This Page

SUPPORT WHEN YOU NEED IT

If you are not feeling yourself, talking about it often helps. If you need someone to talk to, we are here to listen

Let's talk

Below, you will also find details of these services that may be of interest :

Support Workshops

For parents who feel that their child is showing behaviours indicative of ADHD or Autism. Your child does not have to have a confirmed diagnosis and you do not need to book in advance.

Healthy Families Team

The Healthy Families Team are there to help you with any health and wellbeing needs.

Their Helpline is open 9:00am-4:30pm Monday to Friday.

Healthy Family Teams
Contact Details

Advice Line
0300 123 5436

ChatHealth TEXT ONLY 07507 329952 (11-19 YEAR OLDS)	Parentline TEXT ONLY 07520 619919
Health for U5s WWW.HEALTHFORU5S.CO.UK	Family Nurse Partnership 01623 484829
Health for Kids WWW.HEALTHFORKIDS.CO.UK	Health for Teens WWW.HEALTHFORTEENS.CO.UK

www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams

Nottinghamshire Healthcare
NHS Foundation Trust



Parent Support groups

We offer a monthly support group in various areas across Nottinghamshire. This is a safe space to discuss your child or family's needs regarding behaviours that are indicative of Autism and/or ADHD. A chance to feel less isolated with an opportunity to meet other parents/cares with similar experiences. **No booking is required to attend our parent support group.**

Daybrook Medical Practice, Salop St, Daybrook, NG5 6HP

Tuesdays 09.30-11.30

3rd June

1st July

9th September

7th October

11th November

2nd December

Chilwell Family Hub, Great Hoggett Drive, Chilwell, NG9 4HQ

Tuesdays 12.30-2.30

10th June

8th July

Bingham Family Hub, Eaton Place, Bingham, NG13 8BE

Wednesdays 13:00-15:00

2nd July

01st Oct

03rd Dec

Cotgrave Candleby Lane School, Candleby Ln, Cotgrave, NG12 3JG

Wednesdays 13:00-15:00

4th June

10th Sept

05th Nov

Kirkby East Family Hub, The Summit Centre, NG17 7LL

Wednesdays 09:30-11:30

11th June

17th Sept

19th November

Newark and Sherwood Family Hub, Bowbridge Rd, Newark, NG24 4EG

Thursdays 9.30-11.30

05th June

03rd July

02nd Oct

06th Dec

Mansfield Woodhouse Family Hub, Swan Lane, NG19 8BT

Fridays 09:30-11:30

23rd May

27th June

25th July

19th September

17th October

28th November

Butler's Hill & Broomhill Family Hub, Broomhill Rd, Hucknall NG156AJ

Thursdays 09:30-11.30 2025

17th July,

16th October

Ollerton and Boughton Family Hub, Dukeries Academy, Whinney Lane

NG22 9TD

Thursdays 9:30-11:30,

11th September

6th November