

Lowe's Wong Junior School PGL Residential

Year 5
20th to 22nd March 2024



Information for Parents
March 2024

(all times are approximate)

Wednesday 20th March 2024

Children should come to school for normal time but wearing non-uniform including sensible footwear and a waterproof coat.

Your child's small suitcase/holdall, sleeping bag and pillow should be left in their classroom. All luggage should be clearly labelled.

11:45am	Lunch at school
12:30pm	Leave on the coach for PGL
13:15pm	Arrive at Caythorpe
14:00pm	Activity
15:30pm	Activity
19:00pm	Evening Activity
20:30pm	Back to rooms
21:00pm	Lights out

Thursday 21st March 2024

07:30am	Wake up call!
08:15am	Breakfast
09:00am	Activity
10:30am	Activity
12:00pm	Lunch
14:00pm	Activity
15:30pm	Activity
17:30pm	Dinner
19:00pm	Evening Activity
20:30pm	Back to rooms
21:00pm	Lights out

Friday 22nd March 2024

Similar timetable as Thursday morning.....

14:30pm Return to school for pick-up as usual

What to Bring

All essential activity and safety equipment is provided, but the following list is designed to make sure that your child will have everything that they need:

- Sleeping bag and pillow - NO BEDDING IS PROVIDED
- Light weight waterproof jacket
- 2 pairs of old trousers/joggers - not jeans as they do not dry
- 2 warm jumpers/sweaters
- 2 t-shirts
- Long sleeved top
- Track suit
- Socks
- 2 pairs of trainers (in case one gets wet)
- 1 pair of shoes or indoor trainers
- Gloves/hat
- Towel
- Toiletries: soap/toothpaste etc. (only roll on deodorant)
- Nightdress / Pyjamas
- Teddy
- Underwear
- Torch
- Plastic bottle for drinks
- Labelled plastic bag for wet clothes

Optional Item:

- Books/magazines
- Cheap watch
- Disposable camera (please name)

What not to bring:

- Mobile phones
- Expensive electrical equipment such as iPads/tablets.
- Brand new and expensive items should be left at home.



Security, Safety and Discipline

- Children are not allowed off site at all during our stay
- Trained medical staff are on site 24hrs a day
- All on-site visits are accompanied by PGL staff and taught by qualified instructors
- Security staff are on duty all night - CCTV is in place
- A member of our staff will be on call all night
- **Children who cannot behave will be sent home**

Please note

- All communication from school will be via our text message service - we will confirm that we have arrived and also when we leave - including an estimated time of arrival back at school on the Friday afternoon.
- There is a small PGL shop and children should not need to take more than £5. This money is your child's responsibility for the duration of the visit and should be packed in their case for the journey.
- Staff will be taking photographs of the groups taking part in the different activities and during our time at PGL. Children should not feel that they need to take a camera - as it can become a problem when doing some of the activities.

Contact Information

- The emergency contact number for Caythorpe PGL is 01400 273 733. This is for emergency contact only.

