

Lowe's Wong Anglican Methodist
Junior School

SEND Newsletter

Dear Parent/Carer

Here at school, we regularly receive information about events and organisations that offer help to parents.

Sometimes, details are emailed out with Mr Follen's weekly Newsletter and sometimes we post them up on our noticeboard in the playground.

So we are now trialling an occasional SEND Newsletter that aims to draw together all of this information in one place.

We are sending this to all parents as, very often, support is open to everyone and many parents will need some extra help from time to time.

Miss Richmond
SENCO
01636 813432
lrichmond@lwj.org.uk

Drop-In Mornings

Each term, I have a drop-in morning where any parent can book a 20 minute appointment through the school office.

Although we would always recommend that you speak to your child's class teacher first, you are most welcome to book a slot if you have any worries or concerns about your child's diagnosed or suspected SEND.

Autumn Term – Thursday 17th October 2024
Spring Term – Thursday 13th February 2025
Summer Term – Thursday 22nd May 2025

If you can't attend in person, appointments can be arranged via Teams or telephone.

Parent/Carer Drop In— Anxiety, Neurodivergence & Mental Health

Tues 12th November 2024 1:30-3:30

Southwell Methodist Church, Westgate, Southwell, Notts

- ◊ Meet professionals who support SEND in schools.
- ◊ Increase your understanding of anxiety, autism and neurodivergence.
- ◊ Grab a drink and meet other parents.

Led by : Lindsay Beach (Specialist Teacher for the Communication and Interaction Team), Sarah Angell (Specialist Social, Emotional and Mental Health Teacher), Lindsay Vout (Child and Family Support Worker) and Rachel Hazeldine (Family SENCO)

*** No need to book, just drop in! ***



Nottinghamshire County Council



the national
sleep
helpline

Does your child suffer with sleep issues?


Do you struggle with your child's bedtime?
Will your child not sleep in their own bed?


WE CAN HELP

03303 530 541
Monday, Tuesday & Thursday 7pm - 9pm
Monday & Wednesday 9am - 11am

For more information and support...

 ReduceParentalConflict@nottsccl.gov.uk

 Ann Meakin +44 7825 843128
Grace Chan +44 7815 478651

 [Nottshelpyourself/
relationships really matter](http://Nottshelpyourself/relationshipsreallymatter)



A free online family relationship resource for parents in Nottinghamshire to improve communication skills and manage conflict better.
www.oneplusone.org.uk/parents




Reducing Parental Conflict
East Midlands

D&P 8851



Relationships Really Matter

Do you want to make sure that grown up arguments and worries don't affect your whole family?

 Nottinghamshire
County Council

 Nottinghamshire
Safeguarding
Children Partnership

Family Service Neurodevelopmental Support Team

AUTISM & ADHD

Parent /Carer Support Groups 2024

A safe space to discuss your child's or family's needs regarding behaviours that are indicative of Autism and/or ADHD. A chance to feel less isolated with an opportunity to meet other parents/carers with similar experiences.

What to expect if you come to the group for the first time:

Firstly, we recommend you attend the start of the session. So that you are provided with an introduction to the session.

Experienced staff from the Neurodevelopmental Support Team are on hand to offer guidance, support, useful strategies, information, and answer questions.

The group is centred around group discussion, however if you wish to speak to a member of the team 1-1, we will always endeavour to do our best to accommodate this.

Due to the organisation of the group, it may not be ideal to bring children. This will enable you to participate in the discussions with parents and our practitioner. We cannot offer supervision and we need to consider the confidentiality of other families.

No booking or Diagnosis Required.

These sessions take place in a wide number of locations around the county including Bingham, Daybrook, Chilwell, Cotgrave, Kirkby, Mansfield Woodhouse, Hucknall, Newark and Mansfield Woodhouse.

For dates please email : FamilyServiceNBSDropInGroup@nottsc.gov.uk