

WEEK 1

WEEK COMMENCING

15 April, 6 May, 27 May, 17 June, 8 July,
29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza
Gluten Soya Milk
herby diced potatoes
sweetcorn & cucumber
sticks

Nottinghamshire sausage
& gravy **Gluten Sulphur dioxide**
Yorkshire pudding
Milk Egg Gluten
mashed potato
carrots & broccoli

Cheesy tomato pasta
Mustard Soya Milk Gluten,
garlic bread **Gluten Soya Milk**
& vegetable sticks

Roast chicken, stuffing **Gluten,**
gravy,
mashed potatoes
fresh broccoli & carrots

MSC Youngs fish fingers
Gluten Fish
oven chips
garden peas or
baked beans &
tomato ketchup

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

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cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

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cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

PUDDING

Strawberry mousse
Milk

Chocolate & orange
muffin
Gluten Egg

Honey & oatmeal cookie
Gluten

Ice cream tub
Milk

Butterscotch tart
Gluten Milk



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WEEK 2

WEEK COMMENCING

22 April, 13 May, 3 June, 24 June, 15 July,
5 Aug, 26 Aug, 16 Sept, 7 Oct

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AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Margherita pizza
Gluten Soya Milk
herby diced potatoes
sweetcorn &
cucumber sticks

Nottinghamshire
sausage hot dog
Gluten Sesame Sulphur dioxide
potato balls
crunchy vegetables

Cheesy tomato pasta
Mustard Soya Milk Gluten,
garlic bread **Gluten Soya Milk,**
carrot & cucumber sticks

Roast chicken, stuffing **Gluten,**
gravy,
mashed potatoes
fresh broccoli & carrots

MSC Young's fish fingers
Gluten Fish
oven chips
garden peas or
baked beans &
tomato ketchup

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

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with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

PUDDING

Chocolate & orange muffin
Gluten Egg

Shortbread cookie
Gluten

Honey cake **Milk Egg Gluten**
& custard **Milk**

Jelly & fruit

Apple Flapjack
Gluten



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WEEK 3

WEEK COMMENCING

29 April, 20 May, 10 June, 1 July, 22 July

12 Aug, 2 Sept, 23 Sept, 14 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.

AVAILABLE DAILY: Best of both bread **Gluten**, **Soya** fresh fruit. Vegetarian meals available upon request



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN

Quorn dippers **Gluten**
jacket wedges
vegetable sticks

Beef burger in a wholemeal
bun
**Soya Milk Egg Gluten Sesame sulphur
dioxide**
Potato balls
crunchy vegetables

Spaghetti Bolognese
Mustard Soya Gluten Fish
crusty bread **Gluten Sesame**
sweetcorn

Roast chicken, stuffing **Gluten**,
gravy,
mashed potatoes
fresh broccoli & carrots

MSC battered fish
Gluten Fish
oven chips
garden peas or
baked beans

OPTION 2

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

Jacket potato
with the filling of the day,
cheese **Milk**, baked beans
tuna mayonnaise **Fish Egg**
& vegetable sticks

PUDDING

Apple sponge **Egg Gluten**
& custard **Milk**

Frozen yoghurt
Milk

Chocolate brownie
Gluten

Honey & oatmeal cookie
Gluten

Chocolate crispy
Gluten



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