



INTENT – We aim to...

Physical Education and Sport

Inspire learners to realise their potential and develop a lifelong interest in sport, health and an active lifestyle.

Encourage team spirit and teamwork that demonstrates an ability to work collaboratively with others, regardless of ability.

Promote being physically active as part of a healthy lifestyle.

Encourage a desire to improve on performance and technique.

Promote our school values where appropriate within the Physical Education Curriculum.



IMPLEMENTATION – How do we achieve our aims?

PLANNING: At Lowe's Wong Junior, PE is taught by class teachers and our PE curriculum is inclusive ensuring that pupils of all abilities access the range of activities that we offer and that they are physically active for sustained periods of time in order to encourage them to lead active, healthy lives. Teachers use the progression of big ideas and progression of skills documents to aid lesson planning within year group teams. There are a range of schemes of work and videos available to aid the planning of progression in each year group. Each child receives two sessions of PE per week. At Lowe's Wong Junior, swimming is taught in Year 4 by the County Swimming Service. Dance is taught in a yearly block by a specialist teacher during Carousel.

RECORDING: At our school, teachers are encouraged to record their pupils' progress and performance through photos and video evidence, if appropriate, such as in dance and gymnastics. Pupils also complete a 'Personal Best' scorecard at certain intervals throughout the year. In fitness and athletics units, teachers measure and record pupil's times and distances in jumping, throwing and running. Our Year 6 sports leaders run playground challenges; they record and count scores, sharing winners with the groups of children they work with.

ASSESSMENT: Progress over time is achieved through careful tracking and monitoring with reference to our progression maps. Pupils' progress is assessed against both their procedural and declarative knowledge (i.e. doing and showing, understanding of the skills, strategies, tactics and associated vocabulary).

VOCABULARY: Specific vocabulary is a key component of our P.E. teaching here at Lowe's Wong. Each lesson will have specific vocabulary or terminology to reinforce learning. Children are encouraged to evaluate and explain their own and others' performances using technical words and key vocabulary.

WIDER OPPORTUNITIES: We encourage children to participate in the wider opportunities that PE and sport can offer. The Year 5 cohort go to PGL, which is an outdoor and adventure activity centre. Here they take part in many different pursuits. The Year 6 cohort go to Danby Moor in North Yorkshire and learn orienteering skills. They put into practice their orienteering on site work from Year 4 and build on their OS map work from Year 5. Sport's Day is always an exciting and inclusive event for the children. The year groups join together in their house colours and compete in track and field events to earn as many points as possible for their team.

SEND: Our SEN children are supported with extra provision and adaptations. Reasonable adjustments are made for all our SEND pupils to ensure that P.E. is accessible to all regardless of needs, ability and aptitude. When planning for SEN children, different learning challenges are considered

whether they are physical and/or sensory needs, communication difficulties, learning challenges or social, emotional and/or mental health needs.



IMPACT – How do we know we have achieved our aims?

Happy memories of their involvement
in sport.

A level of interest and excitement generated by competition.

An enjoyment of physical activity at whatever level they choose to engage in.

Age appropriate skills and knowledge developed through curriculum PE.

A positive attitude to sport, health and physical activity.

Let your Light Shine Kindness Thankfulness

Honesty Respect

Forgiveness

Perseverance